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## “FIRST LADY BLUES”

**E**very Sunday, we should all look forward to praising God in the sanctuary and congregating with fellow church members. However, not everyone feels this way. Some people dread when Sunday morning comes only to go through the motions and come back home and start all over again (of course this means the focus is not on God). A lot of it has to do with the church folks. Let me reiterate, that is "church folks," not the building itself. There are all kinds of issues in the church. From the head down. I have been around the bin a few times, but I have never been in a relationship with a minister. I have often wondered what is it like for the spouses of ministers? Right now, I am speaking of male pastors and their wives. In other words, "First Ladies." Everyone is entitled to their own opinion, so my opinion of a relationship between a couple in the ministry is that it has to be mighty hard. Someone very close to me once said... "Who ministers to the ministers?" So, in my prayers, I asked God, WHO MINISTERS TO THE MINISTERS??? I am not sure if He answered, but I did come to the conclusion that we are supposed to minister to each other. No one is above reproach.



Based on my experience with "First Ladies" in the church, many of them appear to be fine with their husband's relationship with their congregation, but a large number of them are insecure and not very happy. They are not comfortable with so many different women having access to their better half AND WITH JUST CAUSE. Women can be evil. They will take your man right from under your nose and grin with you in the process! So, I understand why the First Lady would be a little insecure. The answer to insecurity is to find confidence in yourself and know who you are within yourself and know who you are in God! Sometimes we are so busy focusing on what is going on around us until we cannot see or feel what is going on within ourselves and that is where the insecurity kicks in.

First Ladies, I am in no position to give you advice, but I will say this... your husbands are not the only ones who are pastors. You are also a pastor. Your job is just as important as your husband's job. For one thing, he needs your support to do his job as a pastor, he needs your help when it is inappropriate for him to deal with certain situations, the people of God need you (especially women). It is not always feasible to confide everything to a male pastor. Sometimes, women have to relate to women. That woman should be you, First Lady. If you have the blues and cannot handle your position in the church, then how can you expect for the church to grow? You are needed, First Lady!

So, to those of you who wear the big hats and the colorfully beaded first lady suits, what is going on under all of that? Will the real you please stand up? To those of you who think that dressing up is vain and is uncalled for and you wear your dresses down to the floor, what is going on under all of that? Will the real you please stand up? It does not matter what you wear, where you sit, or how close you and the pastor may seem to be... what matters is that you know who you are in the Lord and you are willing to reach out to those who need you. Let God do the rest.

If you are a first lady, and you have the blues... think about those in the church who really need you and have a certain sincerity for your position in the church. **In the words of B.B. King, "How blue can you get?" We need you, First Lady!**

Until next time...  
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Unspoken Truth addresses controversial topics that are not usually addressed in a traditional church setting. If you have any topics that you would like to see addressed here, please e-mail them to [unspoken@dearangela.com](mailto:unspoken@dearangela.com).